



### Prayer for Abuse of Women

According to the World Health Organization, one in three women worldwide experiences physical, emotional, and economic violence throughout their lifetime. Domestic violence accounts for the highest percentage, while cyber violence and forced marriage are also serious issues. In Africa alone, more than 230 million girls and women have undergone female genital mutilation (FGM). Pour out your wounded hearts and weary souls before the Lord. May the peace, renewed strength, and hope that the Lord gives come upon us and restore us, enabling us even to forgive those who have hurt us. God, who created us, desires that we remember we are His beloved children, and He invites us to come to Him and find true rest.



카카오톡 채널에서 '소망의 여인들' 채널을 추가하시면  
매주 월요일에 기도카드를 받으실 수 있습니다.

1. We praise you, Lord, for the abused women who have found Christ through our Albanian team and are now agents of change to help other suffering women! (Ps. 18:48)
2. Lord, bring mental health support and healing to young Cambodian girls who are vulnerable to thoughts of suicide due to failed relationships. (Ps. 55:22)
3. God, deliver a mother and her teenage son who live in fear of abuse from their drug-addicted husband and father in Central Asia. (Prov. 29:25)
4. Many cases of girls suffering sexual abuse in China remain unreported. Lord, please intervene, bring safety, restoration and healing. (Ps.10:17-18)
5. Father, many women are lured by false promises to northern Cyprus only to have their passports confiscated and being forced to work as prostitutes. Please free them physically and spiritually. (Isa. 61:1)
6. God, deliver women in Denmark who are subjected to abuse through domestic violence or exploitation in prostitution and the porn industry. (2 Sam. 22:2-3)
7. Father, thank you that there are shelters throughout Finland for mothers and their children who are victims of domestic violence. Bring healing to their lives. (Ps.139:5)
8. France's cases of domestic violence have doubled since 2016. Lord, may men follow your Word to love their wives and not be harsh with them. (Col. 3:19)
9. Lord, heal and protect women in Indonesia who are unknowingly infected with HIV by their partners. Many pass the disease to children, not knowing they are carriers. (Ps. 30:2)
10. God, rescue the women suffering abuse in Japan. May they meet Jesus as their Savior, learn of his love and receive his healing. (Ps. 103:6-8)
11. Father, raise up church leaders to address the issue of incest in Liberia. Bring healing and support to women and girls who silently suffer out of fear and shame. (Ezek. 22:11)
12. Lord, protect girls in Malaysia from the harmful practice of female genital mutilation. Heal their wounds and comfort their spirits. Soften leaders' hearts to create laws ending this cruelty soon. (Isa. 1:17)
13. May child brides, the imprisoned and those marginalized in the Middle East find freedom and know their true worth in Jesus. (Gal. 5:1)
14. Forty percent of Mongolian women experience emotional and economic abuse. Father, heal them and provide safe places for their protection. (Jer. 22:16)
15. Father, may victims of rape, incest, forced marriage or physical and emotional abuse in Nigeria find peace and protection in you. May each abuser be prosecuted. (Ps. 32:7)
16. Many North African Christian women face persecution, rejection and abuse. May your Spirit provide these women hope and the ability to stand strong in Jesus. (Acts 14:22)

17. Women are treated as possessions under the bride price tradition in Papua New Guinea. Lord, heal the pain of these who have been abused and had their spirits crushed. (Jer. 22:3)
18. Lord, hear the cries of girls and women in the Philippines as rape cases rise and their innocence is stolen. Heal, protect and restore their broken lives. (Jer. 33:6)
19. As violence and hate speech against women increases in Portugal, God, may laws be created for women's protection. May young men also be raised to respect them. (Matt. 22:39)
20. Father, please give South African government leaders your wisdom in how to address the increasing abuse and rape of children and women. (1 Tim. 2:1-2)
21. Every three to four days, someone dies from dating violence in South Korea. Lord, help people recognize that dating violence between lovers is not love. (Eph. 4:31-32)
22. Lord, as many women in Tanzania suffer harm from traditions like female genital mutilation and corporal punishment, please bring cultural change to stop these practices. (Gal. 5:14)
23. God, help domestic violence victims in Timor-Leste afraid to speak out due to economic hardship and social shame. Shine light into their trapped, silent suffering. (Prov. 31:8-9)
24. Father, protect women from domestic violence in Uruguay, where there are more than 100 complaints a day. Please bring heart change to the perpetrators. (Prov. 18:10)
25. Lord, comfort Vietnamese women wounded by silent emotional and spiritual chains. Heal their broken hearts, lift their spirits and set them free in your unfailing love. (Isa. 40:29-31)
26. Father, please bring healing to the internal wounds of the 28 women in Zanzibar who went through the new TWR Women of Hope trauma-healing training program. (Ps. 34:18)
27. Lord, we pray for cultural change in Cambodia, where many women are forced by their parents to get married at a young age, especially in rural areas. (Rom. 13:10)
28. We pray for women facing abuse and those rejected for their faith in the Middle East. God, revive their spirits and comfort them. (Rom. 8:31)
29. Father, we pray for the transformation of cultural practices and beliefs that encourage the abuse and marginalization of women in northern Nigeria. (Gal. 3:28)
30. Twenty percent of women will experience violence from an intimate partner at least once in their lives. May women report these incidents. Lord, change the hearts of the perpetrators. (Ps. 51:10)
31. Lord, a recent United Nations report shows that a woman is killed every 10 minutes across the globe. Please protect vulnerable women and help them put their faith in you. (Ps. 46:1)

## “A Word of Hope”

- by Lisa Hall, international prayer coordinator-

*The weary heart*

*“Come to me, all you who are weary and burdened, and I will give you rest” (Matt. 11:28).*

*We are a weary people. The frantic pace of life wears us down as we run from dawn to dusk, overworked, sleep-deprived and never reaching the end of our to-do lists.*

*Our hearts become weary when we believe a lie and see ourselves through the warped mirrors of performance and others' expectations. We all want people to think well of us, and so our fear of rejection may push us to try to accomplish things that we think will make us acceptable in other people's eyes. Sadly, this often leads to stress and burnout.*

*But our true self-worth does not come from what others think of us. The only person who has the right to define our worth is our Creator. He desires for us to see ourselves the same way he views us – as his valuable daughters and sons made in his image. As you reflect with God, what wrong thinking is causing you to become weary?*

*Others have weary hearts because of constant, daily pressure. Perhaps you are the caregiver of young children or the elderly. For you, the stress does not stop at the end of the day but continues without end in sight. Can I encourage you to continue to cry out to the God who will give you the strength and grace you need for each day?*

*Also ask him to send you helpers that can physically and emotionally support you. Reach out to have friends pray for you and with you to encourage your soul. We were never meant to live life alone. God has called us to live in biblical community and bear one another's burdens. And we can hold onto God's promise that his presence never leaves us.*

*I'm so thankful for the encouragement we can receive from Bible stories of real people we can relate to. One of my favorites is about Joshua and the Israelites fighting the Amalekite army. God provided Moses as a praying intercessor for Joshua and his men as they fought. But even this prayer warrior needed help when he grew tired, so God provided Aaron and Hur to hold up Moses' arms. Who in your life is helping to hold up your arms?*

*God longs for us to slow down long enough to hear Jesus calling and to look to him for the rest that he offers our weary bodies and hearts. The Father extends an invitation to all of us to find real rest in him. But this means more than just stopping work, watching television or scrolling endlessly on our phones. When you are exhausted, how do you find rest?*

*There is a difference between godly rest and human relaxation. Rest is not a mindset; it is a person. God is our rest. He calls us to embrace Sabbath with him, a time to cease working and rest in God's care for us.*

*Sabbath may look like corporate worship, or it may involve taking time away from the usual routine to be with God in solitude and silence, celebrating with friends, reading, praying or one of many other options. You may not have time to take an entire Sabbath day each week, but we can all practice Sabbath moments during which we come before the Father in stillness and silence to be renewed as we sit in his presence.*

*King David understood the source of true rest when he wrote, “Truly my soul finds rest in God; my salvation comes from him” (Ps. 62:1). God is our rest. As we come to him, lay our burdens down, quiet ourselves and trust in him, we will find rest for our weary hearts.*

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